

Assessment

Every client entering our program will complete an individual assessment. Based on the results and recommendations of the clinical staff, the client and their family will enter into appropriate support programs.

Schedule your appointment today.

Shannon Williams - 734-548-3505



Life Skills

A group based therapeutic intervention that meets weekly for 10 sessions. Life Skills curriculum comes from the evidence-based Botvin Life Skills Training program.

Topics discussed include, but are not limited to:

- The Value of Good Health
- Decision Making for Health
- Risk-Taking and Substance Abuse
- The Media and Health
- Managing Stress, Anger, and Other Emotions
- Family Communications
- Healthy Relationship



CONTACT

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DIVERSION PROGRAMS AND SERVICES



Our mission is to help individuals and families restore hope, embrace change, and improve their lives.

A LEADING SOCIAL SERVICES NONPROFIT



About Us

- + Growth Works is a leading social service provider supporting youth, adults, and families throughout Southeast Michigan.
- + Growth Works is licensed by the State of Michigan as a substance abuse service provider, and its chemical dependency services and youth assistance programming are accredited by the Joint Commission for Accreditation of Healthcare Organizations.
- + Since 1971, Growth Works has provided innovative programs to meet the needs of the community it serves, including evidence-based treatments and solutions for a range of substance abuse challenges.

Youth Assistance Program (YAP)

A community based program whose mission is to strengthen youth and families, and prevent and decrease delinquency through case management, appropriate treatment planning and community involvement. This program is for youth ages 11 – 17.5 living in Wayne County and there is no cost to participate. The program offers a continuum of services from prevention to diversion, with the goal of reducing further involvement in the youth justice system.

Therapeutic Services

Emotional Regulation Group and Individual Trauma Therapy services are offered to Youth Assistance clients on an as needed basis throughout the duration of their treatment.

Through **YAP**, individuals are connected with a variety of programs to support additional needs of clients and families. Some of those services are indicated below:

- Functional Family Therapy (FFT) is an evidence based intervention for 11 – 18 year old youths and their families, who are at risk of have been referred for behavioral or emotional concerns.
- Healing with Horses is a voluntary program for our youth who would like to learn and practice caring for horses while building emotional regulation and valuable life skills.
- Ethos is a fitness and confidence-building program designed to empower youth through physical activity, personal growth, and positive skill development.

Substance Use Groups

Early Intervention (EI), Outpatient (OP) and Intensive Outpatient (IOP) groups meet 1 – 3 times weekly. Topics discussed but are not limited to relapse prevention, education of the 12 Step Program (AA), identifying and managing triggers, expressing emotions without the use of a substance, and developing skills to live a substance free lifestyle. Average time: 3 – 6 months.

Common Referral Reasons:

- Status Offenses
- Undisciplined Juvenile
- Communication Threats
- Curfew Violations
- Substance Use
- Disorderly Conduct
- Damage to Property
- Trespassing
- Larceny
- Truancy

