

YOUTH PROBLEMATIC SEXUAL BEHAVIOR



**Services are for youth ages 10–18.
Services range from 12–16 weeks.
Format for programming may be in-person
or online.
For more information, contact
Beth Lawniczak, 734-320-5729 or
beth.lawniczak@gwcares.org**

The Youth Problematic Sexual Behavior (YPSB) services expand the continuum of service options available to youth who have been adjudicated or have identified engagement in problematic sexual behavior.

The goal of these services is to provide a safe, non-judgmental space for honest disclosure and exploration, specific to their sexual behaviors. The use of evidence-based curriculum such as Good Lives and Pathways will be utilized to support and reinforce concepts discussed and learned in group settings.

 **GROWTH WORKS**

734-455-4095 • info@gwcares.org • www.gwcares.org

WHAT SERVICES ARE OFFERED?

YPSB Education and Support Programming (BASE)

- A group-based program offered weekly for 12 weeks for community-based services.
- Ideally six to eight youth in a group, each week covering one of the following topics: Healthy vs. unhealthy sexual habits, consent, SORA and understanding of legal implications, CSC charges, empathy, personal accountability, apology letter/impact statements, safe use of social media and technology, relapse prevention development, monthly family engagement to provide education, support and safety planning.

YPSB Reunification Coordination

- 30-90 days pre-release from specialized residential program.
- One to three face-to-face meetings with clients and family members.
- Solidification of relapse prevention plans specific to PSB including safety planning.
- Home assessment for youth cohabiting with victims to educate and provide guidance on environmental safety planning.
- Educate client and family on PSB-related issues to set them up for successful reintegration.

YPSB Specialization Aftercare Support Programming

- A weekly, group-based program for those postplacement.
- Ideally six to eight youth in a group, offering three to four months of programming.
- Regular review and adaptations to relapse prevention plans to address ongoing needs; provide safe, non-judgmental space for YPSB to openly discuss sexual behavior to enhance their ability to manage/identify triggers and healthy responses to sexual impulses.
- Monthly family engagement to provide education, support and safety planning.



734-455-4095 • info@gwcares.org • www.gwcares.org