

SCHOOL-BASED CLINICAL SERVICES

- Individual counseling
- Small group counseling
- Classroom guidance lessons
- Crisis intervention
- Consultation with parents and teachers
- Coordination with outside agencies & therapists
- Referrals for community services



COMMON CHALLENGES

- Anxiety
- Anger management
- Friendship skills
- Stress reduction
- Conflict resolution
- Managing feelings



HANDLE WITH CARE

If your family is experiencing difficulties at home, I would like to provide additional support at school. I understand that you are not always able to share details and that's okay.

If your child is coming to school after a difficult night, morning, or weekend, email me and type "Handle With Care" in the email subject line. Nothing else will be said or asked. This will let me know that your child may need extra time, patience, or help during the day.



SCHOOL-BASED CLINICAL SERVICES

Counsel
Educate
Advocate
Empower

Our mission is to help individuals and families restore hope, embrace change, and improve their lives.



WHY DO KIDS NEED SCHOOL-BASED CLINICAL SERVICES?

- Children learn best when they feel good about themselves and their relationships with others.
- Children who understand their feelings are better able to control their behavior.
- We know that stress can affect focus and learning, but its impact can be reduced with proven self-regulation strategies.
- Schools, parents, and communities that communicate and collaborate provide the most effective support to children.
- Attitudes formed during Middle school shape future attitudes towards learning, self, and society.

WHAT DO I TALK TO STUDENTS ABOUT?

- Making and keeping friends
- Setting goals
- Teamwork
- Feeling good about yourself
- Making good choices and being responsible
- Identifying and managing strong feelings
- Anything they need to talk about to support their success

HOW DOES A STUDENT SEE THE SCHOOL-BASED CLINICIAN?

- Administrative, teacher, or other staff referral
- Parent referral
- Self referral



OUR VALUES



PASSIONATE DEDICATION
We practice with accountability and believe in what we do.



SERVICE TO OTHERS
We act with honesty, openness, willingness and compassion to joyfully support clients and each other.



COMMITMENT TO COMMUNITY
We seek to create a healthy, inclusive culture that supports growth and connectivity.



HUMILITY
We are teachable and always seeking improvement.

