

FAMILY
ASSESSMENT
SUPPORT
EDUCATION

GROWTH WORKS INC.



PARENT ENGAGEMENT
WORKSHOP HANDBOOK

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MISSION & GOALS



**TO HELP INDIVIDUALS RESTORE HOPE, EMBRACE CHANGE,
AND IMPROVE THEIR LIVES.**

OUR GOALS

To provide valuable information for parents to acquire practical skills and tools to cope and flourish in the face of adversity, and are easily applied to every unique family dynamic. It is important to us that parents are equal collaborators throughout this educational journey, and understand that our purpose is support, not judgment.

OUR VALUES

Diversity and Authenticity
Confidentiality
Empathy and Humility
Commitment to the community

MEET THE TEAM



TASHA JACKSON, PSY.M, CTRP-C

Lead Family Engagement Coordinator

Tasha, provides a wealth of services in the Family Assessment Support and Education Division of Growth Works. She is a nationally certified Trauma and Resilience Clinical Practitioner (CTRP-C) and is currently a doctoral candidate working towards her PhD in Psychology. She works with a variety of clients in different capacities by providing therapy to juveniles and their families, supervising visitation for parents and children; and engaging and educating families of adolescents. Tasha loves working with teens and families affected by trauma. She supports families by challenging them to be practical, honest, and courageous in order to promote their autonomy and transform their situations.



DEVONYEA JOHNSON, MS

Parent Engagement Facilitator

DeVonyea provides services to a diverse population of children, young adults, and families in the Family Assessment Support Education program at Growth Works. She possesses a Master of Science in Forensic Psychology, with a concentration in Family Violence. It is important to her that clients are equal collaborators in their therapeutic process, and acquire practical skills and tools to cope and flourish in the face of adversity, and all aspects of life. She is passionate about empowering clients, and creating a safe space for individuals to become the best version of themselves.

CONTACT US

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WORKSHOP SPECIFICS

Parent Engagement Workshops are a forum for parents/caregivers to receive important information on an abundance of topics. These concepts are consolidated into two workshops for parents to learn practical skills that can that can be applied to everyday life and parenting.

Workshop A

ACEs, Trauma & Resilience
Communication
Emotional Regulation
Healthy Relationships
Protective Factors
Safety & Crisis Planning

Workshop B

Co-Parenting
Mental Health
Self-Care
Social Media & Technology
Substance Abuse

DATE Tuesdays

TIME 5:30pm -7:30pm

WORKSHOP	PRICE
Workshop A	\$60.00
Workshop B	\$40.00

*Based on referral source a fee could be associated with the workshops. Any participant who requires a fee will be contacted by program staff to discuss payment details.



POLICIES & BEHAVIOR

When a client registers for a workshop they are assigned an original date to attend; If the client misses their scheduled date, Growth Works will only reschedule 2 times before the client will have to restart the registration process and repay for the workshops



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- 1** PARTICIPANTS MUST FOLLOW THE CONFIDENTIALITY AGREEMENT WHILE ACTIVELY PARTICIPATING IN WORKSHOPS, AND AFTER THE COMPLETION OF WORKSHOPS.

 - 2** PARTICIPANTS ARE EXPECTED TO ARRIVE ON TIME FOR WORKSHOP.

 - 3** PARTICIPANTS MUST REMAIN IN A PRIVATE LOCATION, WITH LITTLE TO NO DISTRACTIONS.

 - 4** PARTICIPANTS ATTENDING A VIRTUAL WORKSHOP MUST HAVE THEIR VIDEO ON AT ALL TIMES TO RECEIVE CREDIT FOR THE WORKSHOP.

 - 5** PARTICIPANTS ARE PROHIBITED FROM WEARING ANY INAPPROPRIATE OR OFFENSIVE ATTIRE DURING WORKSHOPS.

 - 6** PARTICIPANTS MAY NOT USE ANY SUBSTANCES (LEGAL OR ILLEGAL) BEFORE OR DURING WORKSHOPS. IF A PARTICIPANT ATTENDS A WORKSHOP UNDER THE INFLUENCE, THEY WILL NOT RECEIVE CREDIT FOR THAT WORKSHOP.



CONFIDENTIALITY AGREEMENT

Growth Works values our client's confidentiality and trust, therefore specific policies and requirements are in place to protect each individual, and ensure a healthy, safe environment for all participants.

I understand workshops are designed for support and educational purposes regarding parenting and family health, and all information shared during workshops is confidential. I acknowledge that participants identity and shared information is prohibited from being disclosed verbally, or through any written or electronic channels, including email, text, and/or other social media or public forum. My participation means I agree to adhere to all workshop policies and strictly follow the confidentiality agreement while participating in workshops, and after the completion of my participation.

RESOURCES



<https://www.waynemetro.org/>

<https://www.loveisrespect.org/>

<https://suicidepreventionlifeline.org/>

<https://www.furniture-bank.org/>

<https://www.nimh.nih.gov/>